

# VPS

## What is your OpenVZ Backup option?

With our OpenVZ Backup Slots you generate a complete copy of your VPS.

It is stored on a separate Backup-System and can be used to restore the complete VPS.

Please note that it is not possible to restore specific files from the backup, it can only be restored completely.

You can choose between two backup options, fast and full:

- with the fast option your VPS is backed up while it is running. This might damage a running database or any service that stores changes in memory.
- with the full backup a copy of your running VPS is made. After that your VPS is shut down and the changes are synchronized with the backup. After that your VPS is started again. This ensures that your database and services are 100% consistent.

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